

# Your Child Has Dental Coverage!

## SACRAMENTO COUNTY

If your child has health coverage through **Medi-Cal** or a **Covered California** health plan, he or she also has dental coverage and can go to the dentist for regular checkups and care.



## Services Covered for Children (Covered California and Medi-Cal)

- Exams
- X-rays
- Cleanings
- Fillings
- Fluoride treatments
- Sealants
- Tooth extractions
- Root canals
- Emergency services
- Relief of pain and infection
- Medically necessary orthodontics

## Covered California

When you signed your child up for a Covered California health plan, he or she was automatically enrolled in dental coverage. Contact your health plan to find a dentist or if you have questions about your dental care. For more information, visit [www.coveredca.com](http://www.coveredca.com), call (800) 300-1506.

## Medi-Cal

You will receive information in the mail about how to choose a Medi-Cal dental plan. If you do not choose a plan, one will be assigned to you. You may switch between dental plans at any time by calling Health Care Options at (800) 430-4263. To find a dentist, contact your dental plan.

### Access Dental Plan

(877) 821-3234 | [www.premierlife.com](http://www.premierlife.com)

### Health Net of California, Inc.–Dental

(877) 550-3868 | [www.healthnet.com](http://www.healthnet.com)

### Liberty Dental Plan of California, Inc.

(877) 550-3875 | [www.libertydentalplan.com](http://www.libertydentalplan.com)

## Parents, Single Adults, and Pregnant Women

You may also be eligible for many dental benefits in Medi-Cal or Covered California. For information on Covered California, visit [www.coveredca.com/individuals-and-families/getting-covered/dental-coverage](http://www.coveredca.com/individuals-and-families/getting-covered/dental-coverage). For information on Medi-Cal, visit [www.denti-cal.ca.gov](http://www.denti-cal.ca.gov) or call (800) 322-6384.



Children should start receiving preventive dental services as soon as their first tooth appears or by the time they turn 1.



[www.childrenspartnership.org](http://www.childrenspartnership.org)

[@kidspartnership](https://twitter.com/kidspartnership) [fb.com/kidspartnership](https://www.facebook.com/kidspartnership)

[www.advancingjustice-la.org](http://www.advancingjustice-la.org)

[@AAAJ\\_LA](https://twitter.com/AAAJ_LA) [fb.com/AdvancingJusticeLA](https://www.facebook.com/AdvancingJusticeLA)

For fact sheets about children's dental coverage statewide and in Los Angeles County, visit [www.childrenspartnership.org/dentalcoverage](http://www.childrenspartnership.org/dentalcoverage).

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# Kuo 'i ai Eni 'a e Malu'i ki he nifo ho'o Tama!

## VĀHENGĀ SAKALAMENO

'O kapau kuo 'osi malu'i ho'o tama 'i he Meti-Kala pe ko e Palani Malu'i Mo'ui Lelei Kalefōnia, kuo 'osi kau ai pē heni mo e malu'i ke tokangaekina mo toutou 'a'ahi ki he toketā nifo.'



## Ko e ngaah Ngāue Malu'i Mo'ui Lelei eni ma'ae fānau (Malu'i Mo'ui Lelei Kalefōnia mo e Meti-Kala)

- Ngaahi sivi
- Ngaahi ngāue ki hono faka'ata
- Ngaahi ngāue ki hono fufulu
- Ngaahi ngāue ki hono fakafonu
- Ngaahi ngāue ki hono faito'o'aki 'o e fluoride
- Ngaahi ngāue ki hono sila'i
- Ngaahi ngāue ki hono ta'aki
- Ngaahi ngāue ki he aka
- Ngaahi ngāue fakatu'upakē
- Ngāue ki hono fakafiemalie'i langa mo e mahaki'ia
- Ngaahi fiema'u makehe ki he mo'ui lelei 'a e nifo

## Palani Malu'i Mo'ui Lelei Kalefōnia

'I he taimi koē na'e ke fakafonu 'a e Palani Malu'i Mo'ui Lelei Kalefōnia 'a ho'o tama,' na'e 'otomētiki ai pē mo hono fakakau ia ke malu'i mo ho nifo.' Fetu'utaki ki ho'o kautaha palani mo'ui lelei ke kumi ha'o toketā nifo pe 'eke ha'o fehu'i fekau'aki mo hono tokangaekina ho nifo.' Ki ha toe fiema'u fakamatala, 'a'ahi ki he [www.coveredca.com](http://www.coveredca.com) pe fetu'utaki ki he (800)300-1506.

## Meti-Kala

Te ke ma'u 'i he meili' 'a e ngaahi fakamatala fekau'aki mo e anga hono fili ha palani malu'i nifo Meti-Kala. 'O kapau he 'ikai te ke fili ha'o palani, 'e 'oatu leva 'a e palani ma'au. 'E malava pē ke fetongi holo ho'o palani mo'ui lelei ki he nifo' 'i ha fa'ahinga taimi pē 'i ha'o fetu'utaki ki he Health Care Options at (800) 430-4263. Ke kumi ha'o toketatoketā nifo, fetu'utaki ki ho'o palani mo'ui lelei ki he nifo.'

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## Ngaahi Matu'a, Kakai lalahi te'eki mali, mo e Kakai Fefine Feitama

'E malava pe ke ke 'atā ki ha ngaahi faingamālie lahi ki hono malu'i 'o e nifo' 'i he Meti-Kala' mo e Palani Malu'i Mo'ui Lelei Kalefōnia. Ki he ngaahi fakamatala fekau'aki mo e Palani Malu'i Mo'ui Lelei Kalefōnia, vakai ki he [www.coveredca.com/individuals-and-families/getting-covered/dental-coverage](http://www.coveredca.com/individuals-and-families/getting-covered/dental-coverage). Ki he ngaahi fakamatala fekau'aki mo e Meti-Kala, vakai ki he [www.denti-cal.ca.gov](http://www.denti-cal.ca.gov) pē fetu'utaki ki he (800) 322-6384.



Oku totonu ke kamata pē 'a e ngaahi ngāue ki hono malu'i 'a e nifo 'o e fanau' he 'asi mai 'a e fo'i nifo 'uluaki pe ko e hokosia honau ta'u 1.



[www.childrenspartnership.org](http://www.childrenspartnership.org)

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Ko e ngaahi pepa fakamatala mahino fekau'aki mo e malu'i nifo 'o e fanau 'i he vāhenga Los Angeles mo e vāhenga Sakalameno, vakai ki he [www.childrenspartnership.org/dentalcoverage](http://www.childrenspartnership.org/dentalcoverage). Ko e tohi ni na'e fakapa'anga ia 'e he DentaQuest Foundation mo e The California Wellness Foundation. To hono paaki na'e fakapa'anga ia 'e Liberty Dental, Health Net, mo Access Dental.